Note Taking Skills Self-Evaluation

Please complete the Note taking Skills Evaluation below.

Please write “T” for True or “F” for False

1. I always take notes in class. ______
2. I review my in-class notes everyday. ______
3. I regularly make notation for definitions, technical terms and formulas. ______
4. My mind rarely wanders during lectures. ______
5. I am easily able to identify key ideas and details from texts. ______
6. I have a specific notebook or binder assigned for notes. ______
7. I only like to review my notes just before an exam or quiz. ______
8. I find that reviewing class notes is an inefficient use of my time. ______
9. When I’m taking notes in class it’s difficult to write and listen. ______
10. I find that my in-class notes are not very helpful. ______
11. I have a good memory and prefer to listen rather than take notes. ______
12. PowerPoint lecture slides are online, so I rarely take notes. ______

Scoring:
- Please count the number of F (False) and T (True) answers you have marked.
- “True” answers for questions 1-6 and “False” answers for questions 7-12, reflect effective Note taking strategies.
- If 3 or more of your answers for this assessment differ from the suggested answers above, please consider making an appointment with the Director of Student Academic Support Services, Lisa Crumit-Hancock to discuss effective note taking strategies.